

ROASTING TIMETABLES

Beef Cut	Weight		Total Cooking Time
Rib Eye Roast, small end	3 to 4 pounds	Medium rare:	1-1/2 to 1-3/4 hours
		Medium:	1-3/4 to 2 hours
	4 to 6 pounds	Medium rare:	1-3/4 to 2 hours
		Medium:	2 to 2-1/2 hours
	6 to 8 pounds	Medium rare:	2 to 2-1/4 hours
		Medium:	2-1/2 to 2-3/4 hours
@ 325°	8 to 10 pounds	Medium rare:	2-1/2 to 3-1/4 hours
		Medium:	3 to 3-3/4 hours
Rib Eye Roast, large end	3 to 4 pounds	Medium rare:	1-3/4 to 2-1/4 hours
		Medium:	2 to 2-1/2 hours
	4 to 6 pounds	Medium rare:	2 to 2-1/2 hours
		Medium:	2-1/2 to 3 hours
	6 to 8 pounds	Medium rare:	2-1/4 to 2-1/2 hours
		Medium:	2-1/2 to 3 hours

Standing Rib Roast,	4 to 6 pounds	Medium rare:	1-3/4 to 2-1/4 hours
chine bone removed	(2 ribs)	Medium:	2-1/4 to 2-3/4 hours
	6 to 8 pounds	Medium rare:	2-1/4 to 2-1/2 hours
	(2 to 4 ribs)	Medium:	2-3/4 to 3 hours
	8 to 10 pounds	Medium rare:	2-1/2 to 3 hours
	(4 to 5 ribs)	Medium:	3 to 3-1/2 hours